



# JESUS' SACRED HEART SCHOOL DX-1, SOUTH CITY, LUDHIANA GRADE –III

## GENERAL INSTRUCTIONS

During the summer holidays, it's easy to get caught up in the thrill of decreased responsibility. These tips can aid you in having a productive, enjoyable and regret free summer vacation. Your Homework plan is for 25 days, 15 days are for enjoyment. **Parents assistance is required in certain tasks but let's try to make our kids independent as per their age level and let them explore and do themselves.**

- ❖ Give yourself a health time by waking up early and accompanying any of your family members for jogging or cycling.
- ❖ Do some research on your upcoming competitions so that when your school resumes, you can be grateful to yourself only that your skills have buffed up.
- ❖ Make your day log to analyse your utility of time.
- ❖ Develop any of your favourite hobby and make your holidays memorable.
- ❖ Spend time in helping out your mother in doing different household chores and giving her beautiful surprise to make her happy.
- ❖ Follow up any yoga or meditational programmes on Youtube  
For eg. Yoga for kids on Youtube with guest instructor Mai Meret –  
Namaste Yoga
- ❖ Meditational music is beneficial for children as it enhances learning, harmony and positivity. listen to the music by searching on youtube, use keyword, 'Pure relaxation for children'.
- ❖ Do not forget to carry holidays homework on the first day of school. No work will be accepted after 13<sup>th</sup> July, 2016 .
- ❖ Subject wise marks will be allotted for holidays homework.

NOTE: All the holidays homework to be done in a separate 3-in-1 notebook which is easily available in the market (except for the project work). 3-in-1 notebooks have the pages of all ----2 lines, 4 lines and square boxes.



## READING TIME:

Let's have fun with books and prepare a story passport of any one story book. (Suggested books: Ladybird, Kindle Series, Fisher Price, Story Town, Scholastic, Mc Gran Hill, Disney, Star fall or any other)

❖ How to proceed:

Take few coloured papers (A4 size), staple them and make a story passport as follows:

Pg 1: Cover Page: Personal Details (Name, Class, School Name, Mother's Name, Father's Name and Your Age)

Pg 2: Title of the book and details of the story (Main characters of the story with at least 2 describing words of each).

Pg 3: 10 new words learnt from the story and their meanings.

Pg 4: Give a different ending to your story.

Pg 5: the character I admire the most and why?



## WRITING TIME:

❖ Write one page of English cursive handwriting and one page of Hindi and Punjabi on alternate days in your 3-in-1 notebook for at least 20 days. For instance on Monday write in English and on Tuesday in Hindi/Punjabi and so on. Bring the notebook to school after your holidays.



## TABLE TIME:

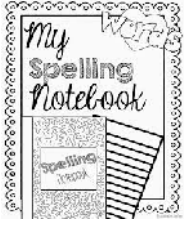
3	x	6	=	18
3	x	3	=	9
3	x	5	=	15

❖ Make a table calendar showing tables from 2 to 10. Also learn them by heart.



## MOVIE TIME:

❖ Watch any one movie -ICE AGE 1/JUNGLE BOOK/ ZOOTOPIA/FROZEN/FINDING NEMO. And write the name of the hero of the movie and the value you learnt from the movie in 3-in-1 notebook.



## SPELLING TIME:

Learn at least 3-5 spellings from the given word list everyday and thereafter prepare a word wall of 10-15 most difficult words of each language or any other innovative style and bring to school. Come prepared for a 'SPELLINGGENIUS CONTEST' in the class.

### WORD LIST:

tongue	braille	scream	stench
bruises	creaking	tremendous	giant
ointment	admire	pedestrian	disappear
scent	situation	kitchen	assistance
thumb	dizzy	external	chomp
ridiculed	stretchable	odour	heartily
garbage	heard	communicate	ferocious
chew	manure	temperature	stomata
cupboard	exoskeleton	fields	dragon
predators	minerals	nutritious	herbivore
fragrance	photosynthesis	thousand	backward
burrow	abdomen	expanded	forward
antennae	compare		
ਅਕਸਰ	ਲੁਫ਼ਕਨੇ	शिकारी	लाठी
ਬੇਚਾਰਾ	ਔਰਤੇ	शाखाएँ	चरवाहा
झोंके	ਆਜ਼ਾਦ	मुलाकात	भेड़िया
ਸੰਸਾਰ	ਪਰਦੇਸ਼	चक्की	गाँव
ਬਫੜੀ	ਖੁੱਟਾ	चीरो	जादुई
ਸਿਪਾਹੀ	ਕੁਤਰੇ	कोशिश	आदेश
ਸਾਂਧ			पड़ुचे
ਚਾਹੀਦਾ	ਕਹਿੰਦੇ	बहाइआ	महिंगी
ਬੱਚਿਆਂ	ਰਹਿੰਦਾ	ਜਾਂਦਾ	सिहउ
ਪ੍ਰਸਿੱਧ	ਚੰਗੇ	ਇਹਨਾ	मिहनउ
ਚਿਹਰਾ	ਸੁਣਾਉਂਦੇ	ਗੁਣਕਾਰੀ	ਖਰੀਦਿਆ
ਆਇਆ	ਪਿਆਰਾ	ਅਵਾਜ਼	हमेसा
ਅਕਾਰ	ਲੜਕੀਆਂ	ਪ੍ਰੇਰਨਾ	परिवार



### **PRACTICE TIME:**

<http://www.aaamath.com/sub.htm>

Parents are requested to click on the link given up. Then click on '3<sup>rd</sup> grade' on right side. A page of classes with subjects will appear. Again click on 'Grade-3' and practice the following exercises on this page and prepare a report of each exercise in three in one notebook. Sample is given below:

#### **Sample:**

Name:

Class:

Name of the exercise:

No of questions attempted:

No of correct answers:

No of incorrect answers:

**Exercises:** 1. Even and odd numbers

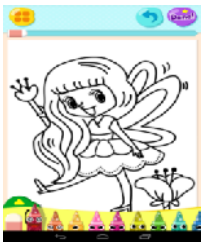
2. Write numbers in words

3. Comparing numbers

4. Place value names upto 1000

5. Add upto 3 or more numbers upto 3 digits each

6. Subtraction upto 3 numbers



### **PROJECT TIME:**

❖ Select the pictures of world's 5 most expensive houses. Paste them on A4 coloured sheet. Write their basic information on A4 coloured sheet. The information should include location, value and details. Parents are requested to just help the child to find out basic information. Let him/her write on his own. Suggested link is:

<http://time.com/money/3585583/worlds-most-expensive-houses/>

### **ENHANCE YOUR KNOWLEDGE:**

❖ Make a list of atleast 15 states of India along with their capitals. Find out why these states/capitals are famous and write down the information in your 3 in 1 notebook.

# **Life skill Activity**

## **Topic: Shopping and Dinning**

### **RESTAURANT ETIQUETTE**

Most people love to go out at restaurants. List some restaurant that you enjoy going to in your life skills notebook.

When we eat at restaurant we need to act appropriately. Here are some tips we need to follow.

- ❖ Greet with a Smile.
- ❖ Listen politely to the server when they are telling you menu and taking order.
- ❖ Order clearly and accurately, so the server will know what you want.
- ❖ Whenever you place an order use the sentences.
- ❖ May I have \_\_\_\_\_
- ❖ Can I get \_\_\_\_\_
- ❖ I would like to have \_\_\_\_\_
- ❖ Never forget to say **THANK YOU** and **PLEASE**.
- ❖ Keep your napkin in your lap.
- ❖ Use your napkin, do not wipe your mouth from your sleeves and hand.
- ❖ Use the utensils when needed.
- ❖ Chew with your mouth closed, and speak after you have swallowed.
- ❖ Do not drink with mouth full of food.
- ❖ Eat small bites.
- ❖ Do not rush, eat in a relaxed way.

## HEALTHY GROCERY SHOPPING LIST

Prepare your own healthy grocery shopping list for your holiday meal by adding various vegetables, Grain, Fruits, oil, Milk Product and Meat and Beans. paste this list in your Life Skills Notebooks.

VEGETABLES (Add plenty of vegetables for your holiday meal)	FRUITS (Let fruits jazz up your fest!)	MILK PRODUCTS (Choose fat free or low fat)
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
GRAINS (whole grain)	OILS (Name different oils which we take from vegetables, nuts and Fish)	MEAT AND BEANS
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

## DREAM OF BETTER INDIA

To 'Save Electricity' is the need of an hour. As a good citizen of India visit atleast 5 houses in your neighbourhood and observe how they are wasting the electricity in their homes. Distribute the pamphlets (sample given below) suggesting various methods/ways to save electricity. Conduct a signature campaign. The child visiting maximum number of homes will be the "champion of the class." The format of the signature campaign is:

## SIGNATURE CAMPAIGN

SLOGAN:

Name of the person	Address	Phone Number	Signature
1.			
2.			

Presented By:

Name of the child \_\_\_\_\_

Class & Section \_\_\_\_\_

Roll No \_\_\_\_\_

## SAMPLE OF PAMPHLET:

# JESUS' SACRED HEART SCHOOL

DX-1, SOUTH CITY, LUDHIANA

PH. NO.-9216100465, 9216000465

[www.jesussacredheart.com](http://www.jesussacredheart.com),

<https://www.facebook.com/jesussacredheartschool>



## Energy Saving Reminder

If you are the last to leave the room, please turn off the lights!



### TIPS TO SAVE ELECTRICITY:

- TURN OFF T.V. WHEN NOT IN USE
- UNPLUG APPLIANCES AND CHARGERS IF YOU ARE NOT USING THEM
- USE CFL BULBS
- REPLACE OUTSIDE LIGHTS WITH SENSOR LIGHTS, WHICH SWITCH OFF AUTOMATICALLY
- REFRIGERATORS AND FREEZERS OPERATE MORE EFFICIENTLY WHEN SET AT 37F AND 0 TO 5F RESPECTIVELY

GIVEN BY:

NAME-

CLASS & SECTION-

ROLL NO-